



Care and Give is an organization that is not looking for grandeur, but it is looking for greatness. Its vision takes it beyond smallness, beyond limitations. It has no defining boundaries that either restrict or retain it. It is the essence of pure freedom of thought and intuitive knowingness that will lead anyone who is touched by it to clarity and understanding. And ultimately to healing.

Because we are all touched by the dis-ease we call cancer. Care and Give is dedicated to the belief that everyone has the right to heal, the right to live a life of joy and health. Here there are no borders, no doctrines, no color, and no race. Here there are no language barriers, no differences. We are all interconnected. We are all one.

A mighty wake-up call is like a mighty jolt that occurs when something that seems to be bad happens to us. If we are lucky we hear and heed the call. It could be “incurable” cancer that brings us epiphany. Or it should be the result of any illness, including depression or even the wish to die. A mighty wake-up call can come when you realize that life needn’t be lived this way, needn’t be walked this way. A mighty wake-up call can come because you decide right now to think differently, to live differently.

This is a method of healing that is not painful. It is simple and requires no medication or special equipment. But it does require focus and a clear intent, starting with an open mind and a willingness to change your thoughts and to change a life of doing to a life of being healthy and fully alive. It is not a replacement for any kind of treatment, medication, or program in which you or a loved one is currently involved.

Care and Give will offer a way to heal through a package of supporting material and will be available in several languages. This material has been reviewed by many different kinds of doctors and healers, and they have all agreed that these ideas, if practiced, can help. Often dramatically. It is geared for people who are experiencing the extreme sensitivity and vulnerability that occur when one is terribly ill. But it is also geared toward anyone who is ill or well, dis-eased or at ease, and would like to change their way of thinking and being:

- “*A Mighty Wake-up Call: A Journey of Hope and Healing Within.*” A book sharing Taha Moukrite’s journey from cancer to one of health. Diagnosed with stage 4 lung cancer 13 years ago, he still remains cancer free.
- An Anatomy Chart provided for visualization exercise.
- A book on nutrition, including simple recipes and menus.
- A DVD documentary providing a visual guise to healing.

Care and Give also has a website [cancerhealed.org](http://cancerhealed.org) where anyone can go for more information, to place an order for the book, or for any other supporting material. This site will grow as we grow, providing a place for questions and answers, a place for sharing.

In the United States, the home country to Care and Give, the money received as donations to this non-profit organization will be divided between an animal charity, still to be named, and to a charity that helps people with cancer, such as The Weliness Community. This too, still needs to be determined.

Overseas, beginning with Morocco which is Taha's native country, we will join in affiliation with their Association Against Cancer to raise money in order to provide Morocco with medical equipment. And to provide an avenue for information to be exchanged with regard to the science of Oncology. This plan will then be offered to other countries.

Our only desire is to share healing and joy and love with as many people as we can. And to touch their lives in a way they never thought possible. Miracles do happen. And the mighty wake-up call is waiting for those who are ready to be awakened.